More control.
Fewer interruptions.

Urgent PC / percutaneous tibial nerve stimulation (PTNS)

Urgency, frequent bathroom visits and leaking before reaching the toilet can interrupt your day. A bladder-care consultation helps establish the cause and whether PTNS is a suitable choice.

A small needle. A gentle signal.

A slim needle is placed near the ankle. Gentle electrical stimulation reaches the tibial nerve, which connects with the nerve pathways involved in bladder control. You remain seated during treatment. It is minimally invasive and does not leave a permanent implant.

A course of care, with progress checks

01 **Evaluate**
Review symptoms, medicines and bladder emptying. Bring a short bladder diary and details of previous care.

02 **Treat**
The usual initial course is one 30-minute session each week for 12 weeks. Plan the series before starting.

03 **Maintain**
Review your response with the clinician. Maintenance timing is individualized; benefits vary and are not guaranteed.

Is Urgent PC right for you?

PTNS treats overactive-bladder symptoms such as urgency, frequency and urge leakage. Leakage with coughing or exercise may have a different cause. An assessment helps distinguish these problems and plan care.

Discuss suitability before starting

Tell the clinician if you have a pacemaker or implanted defibrillator, a tendency to excessive bleeding, nerve damage affecting the tibial nerve or pelvic floor, or if you are pregnant or planning pregnancy. These are manufacturer-listed reasons not to use Urgent PC. Mild, temporary pain, irritation or bleeding near the needle can occur.

Questions to bring to your visit

- What is causing my urgency or leakage?
- How will we track improvement?
- Can I attend the initial weekly course?
- What maintenance might I need?
- Which office and clinician provide my treatment?
- What will my insurance cover?

Start with a bladder-care consultation

nymdcenter.com
Ask the practice to confirm the treatment location, scheduling and individual coverage before booking a course.

This is original practice education, not a manufacturer endorsement or a replacement for assessment. Urgent PC is a Laborie product. No office-specific treatment availability is promised here.

Sources: Laborie Urgent PC product information; Laborie patient information; AUA/SUFU OAB guideline (2024). Accessed October 7, 2026.